



## KAVKAZSKITUR LTD

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## ELBRUS SKI-TOUR – 8 days

The given 8 days program is for climbers, with experience in high mountaineering. Eight days tour has minimal duration in order to have enough time for acclimatization of trained climbers.

Its an optimal program for climbing Elbrus in cold spring season and gives sufficient acclimatization: first – climbing to maximum point (Pastukhov rocks 4800 m), then skiing down to Azau glade (2350 m). And after it – climbing to the top of Elbrus.

Skiing on Elbrus is possible all year round. But the best time for skiing down from the top of Elbrus till the end Azau glade is **April – the beginning of May**.

### Short description of the tour

**Day 1.** Meeting in Min Vody airport. Transfer to Prielbrusye. Accommodation in hotel on Azau glade.

**Day 2.** Climbing to tourist's hotel "Gara Bashi" (3800 m) by cable-ways "Elbrus" and "Gara-Bashi".  
 Acclimatization hike till base "Priut 11" (4200 m). Returning to Gara-Bashi.

**Day 3.** Climbing for acclimatization to Pastukhov's rocks (4800 m). Returning to tourist's hotel "Gara Bashi".

**Day 4.** Skiing down to Azau glade (2350 m). Acclimatization is over.

**Day 5.** Climbing to tourist's hotel "Gara Bashi" (3800 m) by cable-ways "Elbrus" and "Gara-Bashi".

**Day 6.** Climbing to a top of mount Elbrus. Skiing down to Gara-Bashi.

**Day 7.** Spare day for climbing. Skiing down to Azau glade.

**Day 8.** Transfer to Min Vody. Departure to Moscow..

| The personal equipment   | The group equipment   |
|--|---|
| <ul style="list-style-type: none"> <li>• Skitour Skins</li> <li>• Skitour ski-binding</li> <li>• Skis and poles</li> <li>• Crampons</li> <li>• Rucksack</li> <li>• The sleeping bag</li> <li>• Harness/short rope/carabiners</li> <li>• Ice-axe</li> </ul> | <ul style="list-style-type: none"> <li>• The first – aid set</li> <li>• The electric torches</li> <li>• A rope</li> </ul> |
| Full equipment list  |   |

**The cost of 8 days Elbrus skitour – 45 000 Rubles**

#### includes:

1. Transfer Min Vody airport – Prielbrusye – Min Vody.
2. Accommodation in private hotel on glade Azau, according the program 3 days.
3. Accommodation in barrels "Gara-Bashi", according the program 4 days.
4. Three meals a day (breakfast and supper in hotels, dinner – packed lunch).
5. All internal transfers.
6. Cable-ways on Elbrus (according the program).
7. Qualified skitour-instructor speaking english for acclimatization and climbing.
8. Guides for climbing day, one guide for 3-4 persons.
9. Cook in base "Gara-Bashi".
10. Visa support, local registration.

#### doesn't include:

1. Snow-tractor.
2. Personal equipment.
3. Air flights.



### *The brief description of the tour*

#### **DAY 1.**

Arrival to airport Mineralnye Vody or Nalchik from Moscow or Istanbul (St. Petersburg etc). Meeting and transfer to Prielbrusye. Accommodation in hotel on Azau glade, dinner. The road from Min Vody to hotel takes about 3 hours. From city Nalchik about 2 hours.

#### **DAY 2.**

Climbing to tourist's hotel "Gara Bashy" (3800 m) by **cableways "Elbrus" and "Gara-Bashi"**.

From the **Azau Glade** up by the aerial tramways "Elbrus-1" and "Elbrus-2" and the chair-cable lift "Gara-Bashi".

Accommodation in camp base "Gara Bashy", dinner.

Training hike till base "Priut 11" ("To the Shelter of Eleven"). From Gara-Bashi to the "Shelter of Eleven" the path is made over the snowfields. The marking sticks mark the path. The motion direction is the north. Don't deviate of the path because the glacier on which the path is made has many **crevasses** covered by snow. The path comes to the Shelter of Eleven. Its altitude is **4,200 meters** above sea level.

*From here you can see the wonderful views of the mountains of the Central and West Caucasus. The both summits of Mount Elbrus are seen on the north. On the east, southeast and south you can see the Greater Caucasian Range and its northern spurs. The ranges of Svanetia (Gorgia) are seen behind the Greater Caucasian Range, on the Southwest, behind the Hotu-Tau Range, the West Caucasus and its ranges are seen.*

After the rest skiing down to the Gara-Bashi along the ascent line.



winter Elbrus



Elbrus ski-tour



Elbrus ski-tour

#### **DAY 3.**

Climbing for acclimatization to **Pastukhov's rocks (4800 m)**.

For the acclimatization effect there have to be two nights on altitude 4000m with climbing to Pastukhov's rocks (4800 m) on first day. Skiing to tourist's hotel "Gara Bashy".

#### **DAY 4.**

Skiing down to hotel on Azau glade (2350 m). Acclimatization is over

#### **DAY 5.**

Climbing to tourist's hotel "Gara Bashy" (3800 m) by cableways "Elbrus" and "Gara-Bashi". From the Azau Glade up by the aerial tramway and the chair-cable lift to the **Gara-Bashi base**.

#### **DAY 6**

Early morning climbing to a top of **mount Elbrus**.

The beginning of climb is planed in 2 a.m., in direction of the Pastukhov Rocks (4,800 m), then to the **saddle** of Elbrus, here tourists have one hour rest and go to the Western or Eastern summit. Skiing to a camp "Gara Bashy".



Elbrus go



Elbrus top



Elbrus ski

**DAY 7.**

Spare day for climbing. Skiing down to Azau glade.

*In case of free day we can transfer to **resort Nalchik** - capital of Kabardino-Balkaria, with visiting of hot springs. Hotel accommodation 3\* in park area. Evening excursion around the city. Dinner in the park.*

**DAY 8.**

Transfer to airport Min Vody or Nalchik. Departure to Moscow (St. Petersburg, Istanbul etc.)

***Trip dates 2017 – Elbrus skitour 8 days (Sun.-Sun.)***

| April               | May                 | June                |
|---------------------|---------------------|---------------------|
| 02/04/17 – 09/04/17 | 30/04/17 – 07/05/17 | 28/05/17 – 04/06/17 |
| 09/04/17 – 16/04/17 | 07/05/17 – 14/05/17 | 04/06/17 – 11/06/17 |
| 16/04/17 – 23/04/17 | 14/05/17 – 21/05/17 | –                   |
| 23/04/17 – 30/04/17 | 21/05/17 – 28/05/17 | –                   |