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## ELBRUS CLIMB – 8 days

The given 8 days tour has minimal duration in order to have enough time for **acclimatization** of prepared tourists. The simplest and the most popular program among experienced climbers is “Classical route on Elbrus” using gondola cableways “Elbrus” and arm-chaired lift “Gara-Bashi” ([Elbrus scheme](#)).

### Short description of the tour

- Day 1.** Meeting in Min Vody airport. [Transfer to Prielbrusye](#). Accommodation in hotel on Cheget glade
- Day 2.** Acclimatization hike to the Terskol top, direction to “Novy Krugozor” (2900m).
- Day 3.** Climbing by armchair cable-way on mountain Cheget (2750m). Hike to the top of mount Cheget (3100m)
- Day 4.** Climbing to [tourist’s hotel “Gara Bashy”](#) (3800 m) by cable-ways “Elbrus” and “Gara-Bashi”.  
 Acclimatization hike till [base “Priut 11”](#) (4200 m). Returning to Gara-Bashi.
- Day 5.** Climbing for acclimatization to Pastukhov’s rocks (4800 m). Returning to tourist’s hotel “Gara Bashy”.
- Day 6.** Climbing to a top of [mount Elbrus](#). Descent to Gara-Bashi.
- Day 7.** Spare day for climbing. Descent to hotel on glade Cheget.
- Day 8.** Departure to Min Vody.

The personal equipment	The group equipment
<ul style="list-style-type: none"> <li>• The tourist plastic boots</li> <li>• The ice axe or ski sticks</li> <li>• The sleeping bag</li> <li>• Crampons</li> </ul>	<ul style="list-style-type: none"> <li>• The first – aid set</li> <li>• The electric torches</li> <li>• A rope</li> </ul>

### The cost of 8 days Elbrus tour – 45 000 Rubles per person

#### includes:

1. Transfer Min Vody airport – Elbrus area hotel – Min Vody.
2. Accommodation in private hotel on glade Cheget, according the program 4 days.
3. Accommodation in barrels “Gara-Bashi”, according the program 3 days.
4. Three meals a day (breakfast and supper in hotels, dinner – packed lunch).
5. All internal transfers.
6. Cable-ways, lifts on Elbrus and Cheget.
7. Qualified guide-instructor speaking english during acclimatization and climbing.
8. Guides for climbing day, one guide for 3-4 persons.
9. Cook on barrels “Gara-Bashi”.
10. Visa support, local registration.

#### doesn't include:

1. Snow-tractor.
2. Personal equipment.
3. Air flights.

## The detailed description of the tour

### DAY 1

Arrival to airport Mineralnye Vody or Nalchik from Moscow (St. Petersburg, Istanbul etc.). Meeting and **transfer to Prielbrusye**. Accommodation in **hotel on Cheget glade**, dinner. The road from Min Vody to hotel takes about 3-4 hours.

### DAY 2

Acclimatization hike to the **Terskol gorge**, direction to “Novy Krugozor” 2900m (Shelter “New Outlook”). *(An expansion – 19 km, duration – 4-5 hours).*

*The route will let admire a majestic panorama of the Main Caucasian Gorge.* It passes along the village road branched from the Baksan highway in the **Terskol vil. (2100 m)**. At first the road leaves into the glade of the river Terskol. In 10 minutes begins a rise on a starboard of the glade, on the slope of rather small southern spur of Elbrus. This spur, folded with effusive rocks, parts the **glaciers Gara-Bashi and Terskol**. We climb and leave a pine forest for the herbaceous slopes above the Baksan glade by lengthy streamers. There are the sites of picturesque **basalt rocks** above them. In 2,5 hours the road turns north, to the **transparent multi jet waterfall**. It is the first spring on a whole a path. From here we mount in a hanging glade and approach to the houses of the **“New Outlook” (2900 m)**. Nearby the shelter there are convenient places for tents and a clean spring. The route from Terskol will take 3 hours.

**The Baksan glade, the tops of the Mt. Ushba, Mt. Donguz-Orun, Cheget** etc. are well seen from the houses. On the opposite slope the ski lifts and famous Cheget mountain-skiing lines are viewed.

### DAY 3

Climbing on **mountain Cheget (2750m)** by arm chair cable-way. Then hike to the **top of mount Cheget (3100m)**. *(An expansion – 14 km, duration – 3-4 hours).*

The route starts on a large glade Cheget near the lower station of the cableway to Mt.Cheget, in 2 km from the Terskol vil. Here there is a hotel “Cheget” on 520 places, a shop, a market, tourist bivouacs. Around the glade is a pine forest.

*The old path to “Severny Priut” (Donguz-Orun Pass) bent the slopes of Mt. Cheget on the left on a course and smoothly mount to a cosh. In 1963, with the establishment of the cableway, a shorter route has appeared. Now in 17 minutes the tourists mount an altitude of 2750 m, to the cafe “Ai” (in Balkarian – “a moon”). From here an ice massif of Mt. Elbrus with the glaciers Terskol, Gara-Bashi and Azau is well seen, and also a southern ridge, on which the ribbon of the road to “The New Outlook” is stretching.*

The marked path leaves to the right on a course of a ski lift, bends a slope of Mt.Cheget and is ascending to the second lift of mount Cheget. Old and new paths meet here. The tourists traverse herbaceous slopes high above the **river Baksan**. On the opposite part of the glade two headed volcano of the summit **Elbrus**, is seen from one side and a menacing wall of **Donguz-Orun-Bashi (4454 m)** mount from the other side with huge pendulous glaciers and snow cornices, more to the right – a truncated pyramid of **Mt. Nakra-Tau (4500 m)** are well visible.

### DAY 4

Climbing to tourist’s hotel “Gara Bashi” (3800 m) by **cableways “Elbrus” and “Gara-Bashi”**.

From the Azau Glade up by the aerial tramways “Elbrus-1” and “Elbrus-2” and the chair-cable lift “Gara-Bashi”. Accomodation in camp base “Gara Bashi”, dinner.

Training hike till base “Priut 11” (“To the Shelter of Eleven”). From Gara-Bashi to the “Shelter of Eleven” the path is made over the snowfields. The marking sticks mark the path. The motion direction is the north. Don’t deviate of the path because the glacier on which the path is made has many crevasses covered by snow. The path comes to the Shelter of Eleven. Its altitude is 4,200 meters above sea level.

*From here you can see the wonderful views of the mountains of the Central and West Caucasus. The both summits of Mount Elbrus are seen on the north. On the east, southeast and south you can see the Greater Caucasian Range and its northern spurs. The ranges of Svanetia (Gorgia) are seen behind the Greater Caucasian Range, on the Southwest, behind the Hotu-Tau Range, the West Caucasus and its ranges are seen.*

After the rest the group descends to the Gara-Bashi along the ascent line.



### DAY 5

Climbing for acclimatization to **Pastukhov’s rocks (4800 m)**.

For the acclimatization effect there have to be two nights on altitude 4000m with climbing to Pastukhov’s rocks (4800 m) on first day. Return to tourist’s hotel “Gara Bashi”.

## DAY 6

Early morning climbing to a top of **mount Elbrus**.

The beginning of climb is planned in 2 a.m., in direction of the Pastukhov Rocks (4,800 m), then to the **saddle** of Elbrus, here tourists have one hour rest and go to the Western or Eastern summit. Return to tourist's hotel "Gara Bashi".

## DAY 7

Spare day for climbing. Descend down to hotel on glade Cheget.

*In case of free day we can transfer to **resort Nalchik** - capital of Kabardino-Balkaria, with visiting of hot springs. Hotel accommodation 3\* in park area. Evening excursion around the city. Dinner in the park.*



## DAY 8

Transfer to Min Vody airport. Departure to Moscow.

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### ***Trip dates 2018 – Elbrus South climb 8 days (Sat.-Sat.)***

June	July	August	September
02/06/18 – 09/06/18	30/07/18 – 07/07/18	28/07/18 – 04/08/18	01/09/18 – 08/09/18
09/06/18 – 16/06/18	07/07/18 – 14/07/18	04/08/18 – 11/08/18	08/09/18 – 15/09/18
16/06/18 – 23/06/18	14/07/18 – 21/07/18	11/08/18 – 18/08/18	15/09/18 – 22/09/18
23/06/18 – 30/06/18	21/07/18 – 28/07/18	18/08/18 – 25/08/18	22/09/18 – 29/09/18
		25/08/18 – 01/09/18	